



The Executive Council has approved a lockdown exit plan comprising **six sections** and **three phases**. The plan is based on the scientific recommendations of the PROCICAT risk assessment group, experts from the Catalan Ministry of Health, representatives designated by the PROCICAT technical committee, and an advisory group on fundamental rights.

**President Torra:** "All decisions will be based on epidemiological data and three key principles: • **Safety** (everyone must have a clear understanding of the pathways and respect them) • **Traceability** (clearly defined and identifiable responsibilities) • **Comprehensiveness** (all elements working together in a broad project for Catalonia that covers all sectors, individuals and circumstances)"

### PHASE 1 Current lockdown

- Maintain social distancing
- Essential services only
- Avoid healthcare collapse

### PHASE 2 Gradual lifting of lockdown

- Gradual implementation of de-escalation measures
- Assess impact of lockdown exit
- End state of emergency in health system
- Healthy people return to non-essential jobs and can go for walks in specific time slots
- Corrective measures may be taken if necessary

### PHASE 3 New normal

- Social measures for epidemiological control
- Restore health system capacities
- Until a vaccine is available, it will be essential to rethink the future and take steps to develop epidemiological intelligence tools that allow us to anticipate future epidemics



#### The three phases make it possible to:

 Reorient the health system response

 Focus efforts on caring for seriously and critically ill COVID-19 patients

 Prevent and control new infections

 Restore normal healthcare operations

## How will the gradual lockdown exit be implemented?

### WHEN?

Develop an index based on indicators for six key dimensions for determining when to advance from one phase to the next and the progression within each one.

### WHO?

Identify groups that will be vulnerable during the lockdown exit and when lockdowns are in effect in order to define the progressive steps needed for various population groups.

### WHERE?

Identify territories that are ready to advance from one phase to the next.

### HOW?

Identify the optimal strategy based on the characteristics of each territory and population and the measures that have proven most effective and viable.

## Areas of action for the strategic plan



### Risk communication

Risk communication aims to inform and raise public awareness using communication strategies and mechanisms for public participation



### Surveillance system

The surveillance system is central to all lockdown exit strategies and to the strategy for case detection, contact tracing and isolation/quarantining of confirmed cases



### Health system

The health system must ensure care for the public, protection of health professionals, and identification and monitoring of cases and contacts



### Community level

At the community level, measures will be taken to protect individuals and groups while taking into account both health determinants and psychosocial effects